

# Parent Support Line



**Phone**  
**01539 734456**

**It's #Ok2Ask for help if you are struggling over the Christmas  
holidays**

**Action for Children staff are available to give information, advice,  
support and signposting to other services as needed**

**Phone and request a call back via phone or MS TEAMS**

**Lines open 21 - 24 Dec and 29 - 31 Dec  
10:00am - 5:00pm  
(until 7:30pm on Wednesdays)**

